



# Commonwealth Prevention Alliance

## 2009 Region 1 Meeting:

Wednesday, January 28<sup>th</sup> from 9:00-3:00pm

@ Jewish Family and Children's Service

Progress Plaza

1501 N. Broad Street Philadelphia, PA

### Agenda

- 9:00-9:30 Continental Breakfast and Registration
- 9:30-12:30 Fetal Alcohol Spectrum Disorder Workshop (3 Social Work CEUs)
- 12:30-1:30 Lunch (lunch is on your own)
- 1:30-3:00 BDAP Overview and Updates Presented by Garrison Gladfelter

#### Fetal Alcohol Spectrum Disorder (FASD) Workshop

Presented by Sara Wenger, Supervisor and Wee Care Coordinator for JFCS

This workshop aims to increase awareness by highlighting both the causes of FASD and the serious long-term effects of prenatal alcohol exposure.

#### Did you know:

- Women who consume alcohol while pregnant put their children at risk for growth deficiencies, facial abnormalities, and central nervous system abnormalities.
- Alcohol can damage the fetus at any point during the pregnancy – including the first few weeks or months, when a young woman may not realize she is pregnant.
- The effects of alcohol intake are severe, resulting in physical and behavioral problems that can be as severe as mental retardation, and life-long.

Please bring program information, such as brochures and training information, to share with other providers.

**RSVP to Renee Mezer by January 21, 2009**

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